



British Heart
Foundation

HEARTSTART

Training a nation
of life savers

Sign up for
a Heartstart
course and
learn how
to save a life.

**FIGHT
FOR EVERY
HEARTBEAT**

bhf.org.uk

Defibrillator and CPR Awareness Course

Date: Tuesday 19th April 2022

Time: 7.00pm – 9.00pm

Venue:

Clive Village Hall

How to recognise a cardiac arrest, and
use a Public Access Defibrillator.

Ages 12 and over (no upper age limit).

FREE COURSE.

Spaces available, book via the clerk:

Email: clivepc@hotmail.co.uk

Tel: 01691 674742

This is a demonstration and practical
session. Old, warm clothes recommended!

Tutor: Effie Cadwallader, Community First Responder

Training a nation of life savers

The British Heart Foundation has a vision to create a nation of life savers. As part of that vision, we're doing everything we can to make sure the British public know CPR and can use public access defibrillators.