



# KENT & MEDWAY VOLUNTEER SUPPORT SERVICE

Volunteer help and support for people living with Cancer and/or their Carers



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## **HOW CAN WE SUPPORT?**



## **PRACTICAL SUPPORT**

Volunteer support that may include light housework, shopping, accompanying a client on a walk or short trip, help with phone calls, computing, form filling and similar practical tasks.



### **TRANSPORT**

Providing transport from home to healthcare appointments including, but not limited to Chemotherapy / Radiology sessions and GP appointments.



## **CARERS COUNSELLING**

Free counselling for carers with a counsellor in training, in partnership with Kent and Medway Cancer Alliance.



#### **COMPANIONSHIP**

Regular home visits for companionship and a friendly listening ear, at a difficult time. Engage in shared wellbeing activities such as playing board games, creating a memory box and pursuing rewarding hobbies for both the client and volunteer.



## INFORMATION & GUIDANCE

Professional information and guidance on support from Crossroads Care Kent, Macmillan Cancer Support or other helpful support services including financial and benefit systems accross Kent and Medway.

## DON'T REQUIRE SUPPORT BUT WANT TO VOLUNTEER?



All of our support services depend on the dedication of volunteers. Join us to experience a profound sense of well-being and purpose, making a direct, face-to-face impact on those who may be lonely or struggling with daily tasks. We provide flexible opportunities tailored to accommodate your schedule and skills..

To discover more about volunteering with us and to apply to make a meaningful difference in your local community, contact us today. You can find all contact details on the back of this brochure.

## CROSSROADS CARE KENT

#### IN PARTNERSHIP WITH

# MACMILLAN CANCER SUPPORT













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