

# Directory of services *for Newark Hospital*



Dedicated to Outstanding care

# Directory of services



## Outpatient Clinics

Department Lead: Jo Codd

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We provide a wide range of multi-specialty clinics and our outpatients team work hard to ensure that we offer good access, personalised care and a positive patient experience.

### Our range of outpatient clinic provision includes:

Abdominal Aortic Aneurism screening clinic	Orthopaedic clinics
Antenatal clinic	Paediatric clinics including Paediatric ENT
Cardiology clinics	Pain clinics
Colposcopy clinic	Parkinson Clinic
Dermatology clinic	Plastic surgery clinics
Diabetic clinic	Podiatry clinics
Dietetics	Rehabilitation Medicine
Endocrinology clinic	Respiratory Medicine clinic
ENT clinics	Rheumatology clinics
Gastroenterology clinics	Sleep clinic
General Medical clinic	Stroke clinic
General Surgical clinics	Surgical appliances
Gynaecology clinic	Urology clinic
Haematology clinics	Vascular clinics
Neurology clinic	Wheelchair assessment clinic
Ophthalmic clinic	



## Bramley Children's Unit

Department Lead: Susannah Morelle RGN

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The Bramley is a purpose built, dedicated area for outpatient services for children and young people, enabling them to receive care at their local hospital. Our paediatric clinics include general clinics, allergy, ENT, endocrine, diabetes, respiratory and clinics for urgent referrals.



## Surgical Day Case

Theatres Department Lead: Denise Davies

Telephone: 01636 685850

Email Address: [Denise.Davies@nhs.net](mailto:Denise.Davies@nhs.net)

Patients can now undergo a wide range of day case surgery at Newark Hospital under specialties including:

Breast	Orthopaedics
Dermatology	Pain
General Surgery	Plastics
Gynaecology	Podiatric Surgery
Ophthalmology	Urology

A full list of surgical day case procedures currently undertaken at Newark Hospital is included on page 6.

## Medical Day Case

Theatres Department Lead: Denise Davies

Telephone: 01636 685850

Email Address: [Denise.Davies@nhs.net](mailto:Denise.Davies@nhs.net)

We offer a range of medical day case procedures at Newark Hospital including infusions, transfusions and sub-cutaneous injections.

Antibiotics	Respiratory Treatments
Gastroenterology Treatments	Rheumatology Treatments
Haematology Treatments	Treatments for Inflammatory Bowel Disorders

## Ambulatory Care

We offer access to a number of ambulatory care pathways via presentation at our Urgent Care Centre or direct referral from a GP, providing rapid access to assessment and treatment at Newark and avoiding unnecessary transfers to other hospitals.

Accidental Overdose	Incidental PE
Anaemia	Mechanical Fall
Cellulitis	Pyelonephritis
DVT	

GPs can refer into these pathways by contacting the **Newark Hospital Medic On Call** via **01636 681 681**.



## Diagnostics

Lead Radiographer: Alison Luke

Telephone: 01636 685781

Email Address: [Alison.Luke@nhs.net](mailto:Alison.Luke@nhs.net)

We are able to offer a wide range of diagnostic tests on site including x-ray, ultrasound, CT imaging and MRI scanning.

General x-ray is provided for inpatients, outpatients (Trauma & Orthopaedics, Podiatry, Rheumatology, Respiratory, Urology), urgent care and GP referral. Appointments for GP patients are available 8:15am - 4:45pm.

Ultrasound is provided for Obstetrics, Gynaecology (pelvic scans), MSK (shoulders, feet), Soft Tissue (groins, abdominal wall lumps) and General U/S (abdominal, kidneys, testes). Dopplers are available for assessment of Deep Vein Thrombosis via presentation at the Urgent Care Centre or referral to the **Newark Hospital Medic On Call via 01636 681 681**.

CT imaging is available for various examinations. CT Urograms can be directly requested. The following scans are available via referral: cancer staging scans, orthopaedic scans, CT colonography.

MRI scanning appointments are available 8am - 8pm on our mobile scanner. GP referrals can be made for Lumbar Spine and knee scans.

Mammography is provided from our Breast Screening mobile unit on site. This service is provided by Nottingham University Hospitals.



## Endoscopy

Department Lead: Karen Shacklock

Email: [K.Shacklock@nhs.net](mailto:K.Shacklock@nhs.net)

Telephone: 01636 685877

Our Newark endoscopy unit provides diagnostic procedures including:

- Bronchoscopy
- Colonoscopy
- Cystoscopy
- Flexible Sigmoidoscopy
- Gastroscopy

## Therapies

Therapy Operational Manager: Fran Platts

Telephone: 01623 785177

Email Address: [Fran.Platts@nhs.net](mailto:Fran.Platts@nhs.net)

Our therapy teams provide a range of inpatient and outpatient services. Physiotherapists and Occupational Therapists provide assessment, rehabilitation and pre and post-operative treatment to inpatients. Our outpatient therapy services include neurological, hand therapy, rheumatology, women's health, musculoskeletal, respiratory and cardiac rehabilitation.

## Sconce Inpatient Ward

Ward Lead: Lynn DeGiorgio

Telephone: 01636 685860

Email: [Lynn.Degiorgio@nhs.net](mailto:Lynn.Degiorgio@nhs.net)

Our 24 bed sub-acute medical Sconce Ward provides a positive and welcoming atmosphere and environment so that people feel comfortable and at ease through a difficult time in their lives. Our focus is and always will be on quality patient care. Our Sconce team maintain very high standards and strive to meet the expectations of all our patients.

We repatriate patients from other hospitals following their acute episode of care who can continue to be treated nearer to their own home. We also take a number of patients that require decision making on discharge planning and/or the next place of care helping to prevent unnecessary delays and find solutions or answers quickly.

GPs can also request to step up care for appropriate patients that may benefit from a short inpatient stay who can refer into the service by contacting the **Newark Hospital Medic On Call via 01636 681 681**.

## Fernwood Community Unit

Therapy Operational Manager: Fran Platts

Telephone : 01623 785177

Email Address: [Fran.Platts@nhs.net](mailto:Fran.Platts@nhs.net)

Fernwood is our 12 bed rehabilitation unit which takes patients stepped down from an acute episode of care in another hospital, or up from their GP or a community service, for a short period of intensive rehabilitation. The Fernwood team pride themselves on their holistic approach and personalised care and frequently go above and beyond to maximise the rehabilitation potential for their patients.



### Urgent Care

Department Lead: Michael Thomson

Contact telephone: 01636 685810

Email: [Michael.Thomson2@nhs.net](mailto:Michael.Thomson2@nhs.net)

Our Newark Urgent Care Centre is open 24 hours a day, seven days a week, to treat urgent but not life threatening conditions. The purpose built area and improved facility allows people to be treated and to return home as quickly as possible and we are proud of the service's consistently high performance in providing patients with timely access to urgent care.

## Other Services

We also offer a range of other services including orthotics, sexual health, midwifery, respiratory care, phlebotomy and pre-operative assessment.

# Full list of surgical day case procedures currently undertaken at Newark Hospital

## Breast

Breast augmentation  
Excision fibro adenomas  
Excision breast lesions  
Fistulectomy  
Lipo fat transfers  
Nipple reconstruction  
Removal implants

## Dermatology and Plastics

Basal Cell Carcinoma (BCC) and Squamous Cell Carcinoma (SCC) excision  
Full thickness grafts  
Punch biopsies

## General surgery

Anorectal stretch  
Circular stapling haemorrhoidectomy  
Excision biopsy of lymph node for diagnosis  
Excision/destruction of lesion of anus  
Excision/treatment of anal fissure  
Haemorrhoidectomy  
Injection or banding of haemorrhoids  
Lateral sphincterotomy of anus  
Pilonidal sinus surgery - laying open or suture/skin graft  
Primary repair of femoral hernia  
Primary repair of inguinal hernia  
Primary repair of inguinal hernia - bilateral  
Repair of other abdominal hernia  
Repair of recurrent inguinal hernia  
Repair of rectal mucosal prolapse  
Repair of umbilical hernia, para umbilical plus recurrent repairs  
Sigmoidoscopy  
Trans anal excision of lesion of rectum

## Gynaecology

Destruction of lesion of cervix uteri  
Endometrial biopsy/aspiration +/- hysteroscopy  
Intra uterine insertion and removal of coil devices  
Therapeutic (inc endoscopic) operations on uterus (inc endometrial ablation) Novasure

## Ophthalmology

Cataracts  
Incise and curate cysts  
Intravitreal Treatment  
Lid correction

## Orthopaedic surgery

Arthroscopy of knee including meniscectomy, meniscal or other repair  
Arthroscopy of shoulder  
Bunion operations with or without internal fixation and soft tissue reconstruction  
Carpal tunnel release  
Diagnostic arthroscopic examination of shoulder joint  
Dupuytren's fasciectomy  
Examination/manipulation of joint under anaesthetic +/- injection  
Excision of ganglion  
Excision of lesion of peripheral nerve  
Excision of nail/nail bed  
Lengthening/shortening of tendon(s)  
MUA joints and injections eg hip, knee, shoulder, coccyx  
Caudal epidural  
Neurolisis & transposition of peripheral nerve e.g. ulnar nerve at elbow decompression



## Orthopaedic surgery (cont)

Operation/exploration of sheath of tendon (eg. trigger finger)

Removal of foreign / loose bodies/ lumps and bumps

Removal of internal fixation from bone/ joint, including k-wires

Therapeutic arthroscopy of shoulder - sub acromial decompression, cuff repair

## Pain

Therapeutic localised injections

Trigger point injections

## Podiatric Surgery

Avulsion of toenail and ablation of nail bed

Cunifform osteotomy proximal phalanx

Chielectomy of the 1st MTP

Excision of ectopic bone in hallux

Fine needle aspiration of verruca vulgaris on the skin

Injection of MTP joint of Hallux

Nail ablation

Neurectomy in the foot

Release of contracture of joint of toe

Removal of screws

Scarf akin

Scarf osteotomy Hallux Metatarsal

## Urology

Correction of hydrocoele

Diagnostic endoscopic examination of bladder (inc any biopsy)

Dilation of outlet female bladder

Endoscopic examination of urethra +/- biopsy

Endoscopic incision of outlet of male bladder

Endoscopic resection/destruction of lesion of bladder

Excision of epididymal lesion

Excision of lesion of penis

Excision of lesion of testis

Frenuloplasty of penis

Operations on urethral orifice

Orchidectomy

Operations on foreskin - circumcision, division of adhesions

Operation(s) on varicocoele

Optical urethrotomy

Vasectomy

## Vascular Surgery

Foam sclerotherapy of varicose veins

**Contact Details**

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