

Frome Men's Shed

June 2014

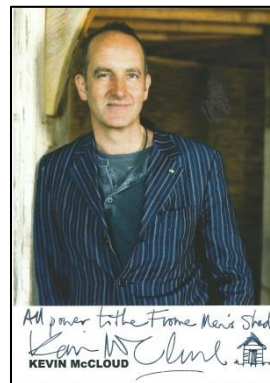
Newsletter



The meeting to launch the community Men's Shed in Frome was held at the Cheese & Grain in Frome on Monday, 12th May 2014. We had over 30 attendees, from age 4 to 83! We heard from some inspirational guest speakers. The attendees also prioritised the planned activity of the group. They determined that the leading activities would include woodwork, electronics & computing, restoration & recycling, working with young people and responding to community initiatives. We had a presentation from Annette Yoosefinejad from the Wincanton Shed; Steve Hewson from Triton Tools detailed how they could help with providing tools, as well as telling some illuminating stories from other sheds. We also had a fascinating 3D printing demonstration and presentation from Graeme Turner & Ben Bradley from Transfer Press, based near Honiton. They also kindly produced Frome Men's Shed coasters for all attendees.



After the meeting, David Warburton, one of the attendees said *"Frome has so much to offer for so many people, but I think in the past there has been a bit of a gap in provision for men. Allowing men to work together, build together, plan, talk and be creative together, will give Frome a superb facility and will be a great resource for our area."* Kevin McCloud, the Channel 4 Presenter of "Grand Designs" also sent us an encouraging message: *"All power to the Frome Men's Shed"*.



Activities for the Frome Men's Shed – Output from the workshop

- Woodwork, including wood turning, picture framing, mastering woodwork joints, bat boxes, raised beds and planters.
- Electronics & Computing, including electronics, Computer building, and recycling and linking with "IT help at home".
- Restoration & recycling - including tools, musical instruments and furniture.
- Bicycle maintenance, including a visit to the Frome Bicycle workshop
- A Men's Shed programme on Frome FM.
- Working with young people on activities such as basic DIY.
- Responding to Community initiatives & requests.
- Other activities listed including Swimming, Architectural plastering, Mobility aids, Metalwork, Model railway.



26th May 2014 - For further information please visit www.fromeshed.org.uk , or contact Patrick Abrahams on 07932-760585 or by email to Info@fromeshed.org.uk

Next meeting - Monday, 9th June 2014

The next meeting will be held at the Cheese & Grain, Market Yard, Frome, Somerset, BA11 1BE, on Monday, 9th June 2014, from 3pm to 4:30pm.

- 3pm Introduction
- **Possible projects for the Frome Men's Shed to undertake:**
 - Tool Refurbishment
 - Dan Archer - the Holt's Men's Group.
 - Owl boxes
 - Cherry Barlow, from the Hawk and Owl Trust - Dorset and South Somerset group.
- Updates on possible locations for the Shed
- Next Steps
- 4:30pm - Close & Feedback from attendees

Thanks to other Frome Organisations

We are very grateful to all the local Frome Organisations and companies that have encouraged and supported us so far – **Thanks !!!**

Aster Communities

Frome Town Council

Balsam Centre – Wincanton Shed

Transfer Press

Frome Job Club

Cheese and Grain

Hawk & Owl Trust - Dorset & South Somerset

Frome Active and In Touch

Somerset You Can Do Services

Triton Tools

Talking Café

Contact the Elderly

Frome Standard

Frome Times

Mendip Community Support

Tools for Self Reliance

Frome FM

Welshmill Hub

What is a Men's Shed?



A Men's Shed is NOT...



We have launched a "Men's Shed" in Frome. The Frome Shed plans to offer a workspace where older people can work on practical projects with others. People are welcome from anywhere in Frome and the surrounding area. The space will be equipped with tools and materials donated by the public or local businesses. The club will be run by the members who decide when they come and what they do. We plan to undertake projects, acceptable to the group, which are of benefit to individuals, other groups and the broader community in Frome.