



## Common Ailments Service

Did you know that you do not need to join the 8am scrum to try and see the GP when it comes to some common ailments. Instead you can go to your local Pharmacist and get advice and medication if needed.

If you think you have any of the ailments listed below, try contacting your local Pharmacist instead.

<ul style="list-style-type: none"><li>•Acne</li><li>•Athletes Foot</li><li>•Backache (acute)</li><li>•Chickenpox</li><li>•Cold sores</li><li>•Conjunctivitis (bacterial)</li><li>•Colic</li><li>•Constipation</li><li>•Dermatitis (dry skin)</li></ul>	<ul style="list-style-type: none"><li>•Diarrhoea</li><li>•Dry Eye</li><li>•Hayfever</li><li>•Haemorrhoids</li><li>•Head Lice</li><li>•Intertrigo</li><li>•Indigestion</li><li>•Ingrowing toenail</li><li>•Nappy rash</li><li>•Mouth Ulcers</li></ul>	<ul style="list-style-type: none"><li>•Oral thrush</li><li>•Ringworm</li><li>•Scabies</li><li>•Sore throat</li><li>•Teething</li><li>•Threadworm</li><li>•Urinary tract infections</li><li>•Vaginal thrush</li><li>•Verruca</li></ul>
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It is worth contacting the Pharmacy first to check they are open and the Pharmacist is available – they usually are.

