

Evening League

Most Improved - 2026

Pos	Team	2025			2026			Change	
		Games	Pos	Points	Games	Pos	Points	Pos +/-	Pts +/-
1	Smith's Dock	27	10	86	7	5	30	5	-56
2	Castleton	27	4	125	6	2	32	2	-93
3	Saltburn	27	8	146	6	6	30	2	-116
4	Skelton	27	9	147	6	7	27	2	-120
5	Carlin How	27	3	185	5	1	32	2	-153
6	Guisborough Priory	27	5	175	4	4	30	1	-145
7	Nunthorpe	27	7	96	5	8	26	-1	-70
8	Brotton	27	2	137	5	3	31	-1	-106
9	KGV Guisborough	27	6	125	5	9	19	-3	-106
10	Borough Park	27	1	126	5	10	13	-9	-113

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