

# CHAMELEONS NEWS

## VOLUME 33 - ISSUE 1 - JANUARY 2026

The newsletter of the Cardiff Chameleons

Affiliated to: MENCAP Special Olympics GB  
Special Olympics Wales Welsh Sports Association  
Website: [www.cardiffchameleons.co.uk](http://www.cardiffchameleons.co.uk)  
Registered Charity Number 1103879

### HAPPY NEW YEAR!

I hope you all had a wonderful Christmas and looking forward to another year with the Club whether you are a swimmer or a bowler. Do your best in your sport whether it is for leisure or competition.

**CONGRATULATIONS and Happy Birthday** to Robin, one of our swim coaches, who celebrates his **80<sup>th</sup> birthday** this month. Have a wonderful day!

### Swimmers & Bowlers Annual Christmas Buffet & Disco

Around forty members from both swimming and bowls attended; and an enjoyable evening was had by all. Music, food and drink, some even had a Christmas photograph done. Congratulations to Howard Radcliff who had the lucky ticket in the draw for the Hamper. We raised £102.00 on the raffle.

Thanks go to Nick, our DJ, Clare & Jane for the buffet, Hall managers Tracey & Howard for setting up the hall and serving the bar.

### SWIM SESSIONS

**STAR HUB - Muirton Road** - Friday's from 7:30pm - 8:15pm.

**Swim subs are £5.00 per session.**

We will return on Friday 9<sup>th</sup> January

**HOWELLS SCHOOL- Cardiff Road, Llandaff** - Sunday's from 6:00pm - 6:45pm.

**Swim subs are £4.00 per session.**

We will return on Sunday 11<sup>th</sup> January

### BOWLS SESSIONS

**CARDIFF INDOOR BOWLS CLUB, Sophia Gardens** - Every Friday from 4:00pm - 6:00pm

Returning on Friday 9<sup>th</sup> January.

How to contact us	
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Chair & Newsletter Editor	Steve - 029 2025 7314 / 07791 759360 <a href="mailto:stephen.bailey497@ntlworld.com">stephen.bailey497@ntlworld.com</a> <b>Items for the newsletter to be in 5 days prior to the end of the month. Please put it as a Word attachment if on e-mail</b>

Other contact - Ian - 029 2023 3065