

East Woodhay & Highclere Coronavirus Community Support



Highclere
Society



EWH Neighbourcare

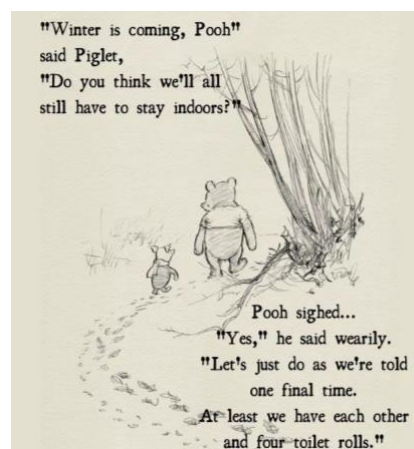


Inside our Newsletter #21 – 6th November

[Welcome Back](#)
[What are the New Rules?](#)
[Neighbourcare Support](#)
[From the Rector](#)
[Food](#)
[Takeaways](#)
[Village Stores](#)
[Activities](#)
[Local Garden Centres](#)
[Waste Collections](#)

We are here for you – one number to have:

- prescriptions delivered
- shopping collected
- a friendly chat on the phone
- attending a medical appointment



01635 745 600

If you are reading this newsletter on Facebook or another site that means you cannot access the links to other websites go to: <http://www.wooltonhill.com> and click on the newsletter on the front page. You can access and download the PDF file with active links from there.

To help spread the latest local news, please circulate this newsletter as widely as possible to others.

Welcome Back

When we produced our last newsletter at the end of July, the Covid-19 situation was stabilising and infection numbers reducing. However, as we all have heard this has changed and we are now in a new period of restrictions, which some have termed 'lockdown 2'.

We said at the time of the last newsletter, that we would bring them back again if the situation changed. Consequently, this Newsletter includes a summary of the new regulations / guidelines and also some information to help us all during this period.

Before we get too blasé about it all, it is important to remember the purpose is to stop the spread of a disease which can kill, especially among the elderly or infirm.

Unfortunately, this is not just a problem for others elsewhere in the Midlands and North of the country as East Woodhay, Highclere, Burghclere and Bishops Green have a rolling rate of infection of 171.4 and growing, which though just below the countrywide average is higher than Whitchurch and Ashmansworth, higher than Kintbury and Kingsclere and more than double that in Newbury and Greenham. Therefore, everyone in our area, no matter how old or young, has a responsibility to do what they can to reduce the growth of infections. Click [HERE](#) for detail on the local situation (latest update 5th Nov).

Please note that various news and activity items will continue to be posted during the week on www.wooltonhill.com and also via the Facebook site, [HERE](#)

What are the New Rules?

Stay at home

Stay at home unless you absolutely must go out and then make contact with as few people as possible. Remember to wash your hands regularly for at least 20 seconds, wear a facemask where you will come in contact indoors with people you do not normally meet, ([face coverings](#) are required by law to be worn in many indoor settings, such as shops and on public transport), stay 2 metres apart from people you do not live with.

When can I go out?

1. you can leave home for childcare and education,
2. to go to work if you cannot work from home,
3. for any medical concerns,
4. to provide care for vulnerable people or as a volunteer,
5. to shop for necessities like food and medicine
6. to take exercise outdoors but only do this with those you live with or are in your bubble or with 1 other person from another household. You can take exercise as often as you like.

Can I meet family and friends?

No. You cannot meet anyone who you do not live with or are not part of your support bubble indoors or in a private garden other than 1 other person from another household provided you meet them in a public place i.e., a park, beach, in the countryside, in public gardens, allotments or playgrounds.

What shops and services will be open?

All non-essential retail must close as well as indoor and outdoor leisure facilities, entertainment venues and personal care facilities like hairdressers. Community centres and halls must also close except for a limited number of exempt activities such as childcare purposes and supervised activities for children, blood donation and food banks.

Libraries can remain open to provide access to IT and digital services - for example for people who do not have it at home - and for click-and-collect.

Places of worship must close, apart from for the purposes of independent prayer, and service broadcasting and funerals.

However non-essential retail can remain open for deliveries to customers and click-and-collect. So, restaurants, pubs and bars can provide takeaways, and this now includes alcohol. The list of shops and facilities which can remain open is as follows:

- Essential retail such as food shops, supermarkets, pharmacies, garden centres, hardware stores, building merchants and off-licences
- Petrol Stations, car repair and MOT services, bicycle shops, and taxi and vehicle hire businesses.
- Banks, building societies, post offices, loan providers and money transfer businesses
- Funeral directors
- Launderettes and dry cleaners
- Medical and dental services
- Vets and pet shops
- Agricultural supplies shops
- Storage and distribution facilities
- Car parks, public toilets and motorway service areas.
- Outdoor playground

The majority of public services will continue, and you will be able to leave home to visit them. These include:

- the NHS and medical services like GPs and dentists. The NHS can safely carry out urgent and non-urgent services and it is vital anyone who thinks they need any kind of medical care comes forward and seeks help
- Jobcentre Plus sites
- Courts and probation services

- Civil Registrations Offices
- Passport and Visa Services
- Services provided to victims
- Waste or Recycling Centres

Can I still get married?

No. Weddings and civil partnership ceremonies are banned except in exceptional circumstances where one of those getting married is seriously ill and not expected to recover ('deathbed wedding'). These weddings are limited to 6 people.

What about funerals?

Funerals can take place and can be attended by a maximum of 30 people. Linked ceremonial events such as stone settings and ash scatterings can also continue with up to 15 people in attendance. Anyone working is not counted in the 15 or 30. Social distancing should be maintained between people who do not live together or share a support bubble.

Can I just go somewhere else to get away from it all?

No. You cannot travel overseas or within the UK, unless for work, education or other legally permitted reasons. Overnight stays and holidays away from primary residences are not allowed- including holidays in the UK and abroad. This includes staying in a second home or caravan, if you own one, or staying with anyone you do not live with or are in a support bubble with.

But you can of course:

- travel to work where this cannot be done from home,
- travel to education and for caring responsibilities,
- visit those in your support bubble or your childcare bubble for childcare,
- travel to hospital, GP and other medical appointments or visits where you have had an accident or are concerned about your health,
- go to buy goods or services from premises that are open, including essential retail,
- spend time or exercise outdoors and this should be done locally wherever possible, but you can travel to do so if necessary (for example, to access an open space,) and attend to the care and exercise of a pet, or veterinary services.

If you need to travel you are encouraged to walk or cycle where possible, and to plan ahead and avoid busy times and routes on public transport. This will allow you to practise social distancing while you travel.

This is just an outline of the regulations For more details click [HERE](#) . Remember the purpose of the regulations is to bring the spread of coronavirus down. They are not part of a game to see how clever we can be at getting around them, they are there to stop people from dying. Please protect others, play your part and stick to the rules no matter how irksome it may be to do so.

Neighbourcare Support

As we begin our latest national lockdown please be assured that our wonderful Neighbourcare volunteers are still here to help you with driving you to a medical appointment, the delivery of prescriptions, collecting shopping, a friendly chat on the phone or running an errand.

We do understand there is no change to the Surgery opening or way of working.

However, if you need assistance with collection of a prescription or have difficulties getting to a medical appointment please call one of the Coordinators of Neighbourcare on **01635 745600**

In addition to the support provided by Neighbourcare there are a number of local and national charities continuing to provide support on issues such as mental health, loneliness and domestic abuse.

- Mind – call 0300 123 3393, text on 86463, email info@mind.org.uk or click [HERE](#)
- Samaritans – call 116 123, email jo@smamaritans.org or click [HERE](#)
- The Silver Line (advice and friendship for the elderly) – call 0800 470 80 90 or click [HERE](#)
- Age UK (friendship service for over 60s) – call 0800 678 1602 or click [HERE](#)
- Hampshire Domestic Abuse Service – call 03300 165112 or click [HERE](#)
- National Domestic Abuse Helpline – call 0808 2000 247 or click [HERE](#)
- Childline – call 0800 1111 or click [HERE](#)
- Respect Phoneline – call 0808 8024040 or click [HERE](#)
- Citizens Advice – call 0300 3309 064 or click [HERE](#)

From the Rector: Revd Canon Christine Dale



Thank you to our fantastic Neighbourcare team for bringing invaluable information to us all as things change once again.

During the summer and early autumn our churches have held a mix of online and 'in church' services. This second lockdown regrettably means the **suspension of public worship** again, funeral services will still be allowed (restricted to 30 attending). Last Sunday it was the festival of All Saints which reminded us that Christian folk have always believed we walk by the light of faith, and in our turn, we bring the light of Christ into our rather dark and troubled world. So rather than be downcast about what we cannot do - may what we can do in serving one another bring light to our communities.

Do have a look at the letter the Archbishops' of Canterbury and York have written to the nation, calling us to be calm, courageous and compassionate – you can read it [HERE](#).

Locally our **Sunday worship will be online** (using Zoom). If you would like to join the circulation list receiving details on how to join in, then please e-mail your e-mail address to cdale001@btinternet.com. (This Sunday we are online at 9.30am).

Each Sunday our churches will be open during the day for private prayer (St Michael & All Angels', Highclere will be open 11am-12.30pm on Sundays).

It was eventually confirmed this week that our planned outdoor Acts of Remembrance could continue on **Remembrance Sunday**. Whilst the services in church cannot proceed there will be outdoor Acts of Remembrance in churchyards at:



10.55am	St Michael & All Angels' Churchyard, Highclere
3.30pm	St Thomas' Churchyard, Woolton Hill

These will be approximately 15-20 minutes long – please note face coverings must be worn (unless exempt for medical reasons) and please follow all guidance given when you arrive. We are also required to make a note of those who attend for track and trace.

The Church of England have launched a phone line called Daily Hope (free to call). This offers music, prayers and reflections as well as full worship services from the Church of England.



The line is available 24 hours a day on **0800 804 8044**. Options available include Prayer During the Day and Night Prayer updated daily, and a recording of the Church of England weekly national online service. A section called Hymn Line offers callers a small selection of hymns, updated daily. An option entitled 'Hymns We Love', provides a hymn and reflection.

with every blessing to you all

Revd. Canon Christine Dale
(e-mail: cdale001@btinternet.com, Tel. 01635 253323)

Food

Fruit & Vegetables – Fisher of Newbury offer next day delivery during November. Click [HERE](#) or tel. 01635 524822

Meat and Farm Produce – Fernworth Farm at Ashford Hill offer weekly click and collect or delivery. Email jo@fernworthfarm.co.uk or tel 07966 467058 (normally order Weds, collect Saturday)

Venison – delivered to you - Email juliette.howard@hotmail.com or tel. Juliette on 07811947987 for pricing and delivery.

Takeaways

Rampant Cat – Takeaways Friday, Saturday Sunday.



Supporting Marcus Rashford campaign to end child food poverty, on Fridays they offer 1 or 2 children's meals free with a paying adult meal. Tel 01635 253474

Highclere Red House - takeaway or delivery available Tuesday to Saturday 12 – 9pm. For more details click [HERE](#).

The Red House is partnering with Two Cock Brewery to help support the Poppy Appeal this year. They will be selling their limited edition "Poppy Red" Cavalier for Takeaway or Delivery. Two Cocks will be donating to the appeal and alongside this £1 for every 2 pints sold will be donated to the charity by the Red House!

Without the opportunity to raise money on the highstreets this year, the Royal British Legion is facing a mounting challenge to raise the funds they need to cover all of the fantastic work they do for our veterans and their families.

To order, give them a call on 01635 255531.



White Hart Hampstead Marshall – Click and Collect Saviour Ales, cider, lager and wines. Make your selection and order by clicking [HERE](#), collection on Saturday between 1pm and 4pm.

Village Stores

Please don't forget our wonderful local stores in Woolton Hill (01635 253463), which has a good stock of cards and the Christmas stamps have arrived, and Woodlands Stores (01635 253651) in Penwood which has a wide selection of groceries.

Activities

Join a FREE class – The RVS Virtual Village Hall offers classes from arts and baking to technology and Zumba! New sessions added. Click [HERE](#) to find out more

CONTACTLESS CREATIVITY – The Corn Exchange offers a selection of 8 FREE packs of arts & crafts activities, complete with written and recorded voice instructions and materials. If you know someone who cannot download from the internet, please call 01635 582666 or email boxoffice@cornexchangenew.co.uk to arrange delivery.

Hampshire Libraries offer free home delivery if your health, disability or caring responsibilities prevent you from visiting. Otherwise click and collect. Click [HERE](#) for details.

Watch – Sky Arts is now available to all on FREEVIEW and spans music, book clubs, photography as well as Portrait Artist of the Week

Christmas Shopping – Several local craftspeople are offering handmade decorations and gifts online, for delivery or collection (including our supported charity Young People and Children First). A listing will be supplied in the next newsletter.

Village Market – unfortunately the November Village Market is cancelled.

Local Garden Centres

As described above Garden Centres are permitted to remain open but cafes will close.

The Yew Tree Garden Centre has had a new delivery of houseplants this morning. You can also shop online for Click & Collect or for local delivery click [HERE](#)

Penwood Nurseries (01635) 254366 are also open. Please click [HERE](#) for further details and opening times.



Waste Collections

The waste and bin collections will continue unchanged. The Newtown Road and Andover sites will remain open during the latest national restrictions. Click [HERE](#) to book an appointment at Newtown Road and [HERE](#) for Andover.

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