

COMMUNITY ARTS EVENT

Waiting Well Exhibition & Postcard Making Workshop 'Where Postcards speak'

- Explore over 100 postcards sharing lived experiences of caregiving, memory loss, dementia and what impacts on wellbeing
- Create your own postcards and share your own experiences and thoughts
- Add your postcard to the travelling exhibition
- No artistic skills needed

Wednesday 29th April - 1000 - 1300

Alton Assembly Rooms, GU34 1BA



Introducing Community Artist Casey Brett, as session facilitator, with researcher Dr Natalie Djohari
FREE to attend - do pop in